

Pharmacy Stories

My Foundation Training Year at Lindsay & Gilmour

My name is Shuaib, I'm originally from Nigeria. I came to the UK to study pharmacy because ever since secondary school, I have had a passion to help people and desire to treat and prevent disease. I never hesitated when choosing a course in pharmacy because all I ever wanted was to work in medicine. A career as a pharmacist offers me the chance to help people, right on the frontline of the healthcare sector.

I studied at Robert Gordon University Aberdeen. I spent one year at the international college as an international student and four years at the university.

I am now based in a Lindsay & Gilmour pharmacy for my Foundation Training Year which is providing me with great, on-the-job experience and training. It demonstrates I can meet all the standards to become a registered pharmacist and be able to carry out high quality, person-centred healthcare services in line with the evolving role of a pharmacy.



Shuaib Hanafi



Lindsay & Gilmour is a great place for me to start my pharmacy career. An independent family company with more than 30 pharmacies across Scotland that support and invest in their team. It is also a multicultural company that consists of different cultures from around the world.

My training involves me doing everything. I carry out all the day-to-day pharmacy activities, such as providing advice and care for patients, dispensing medicines, managing stock and carrying out both over the counter and healthcare consultations. My duties allow me to demonstrate my suitability for the role of a pharmacist and a good leader, ensuring the pharmacy meets GPhC standards and passes health and safety checks. I am also responsible for creating staff rotas.

Studying and training requires commitment, dedication and time management. I get 4 hours of study time from work every week which I use very effectively. I plan the things I need to complete each week in order to meet my learning outcomes. I also usually do 3 hours of studying after work. It has been difficult at times, especially during the pandemic but I set myself goals and continue to work towards them. Because of that, I believe everything is working well as planned.

Community pharmacy is my first option to work when I'm qualified. This is where I can demonstrate what I have learned from my pre-reg training and put it into practice. I have also secured a position with Lindsay & Gilmour already due to my hard work. Therefore, it is community for me and I cannot wait to get started.

Lisa-Ann is everything I always wanted from a tutor, she trained me not only to become a good pharmacist but also a good manager. She made me become a better person and made me realise what I have not noticed about myself. Her consistent feedback and knowledge has brought me so far. We have a good work relationship which enabled me to discuss anything with her. I have learned a lot from her and am still learning every day. The team are the best I have ever worked with. I have made a family circle within them and I will forever be grateful to my tutor, the team and those people behind the scenes within Lindsay & Gilmour for their support.

I would absolutely recommend students do their training year with Lindsay & Gilmour. It is well equipped to support students. A great team of people with an excellent tutor.